

Welcome Aboard! Sail Orcas is offering both youth and adult sailing lessons this summer.

YOUTH SAILING – For the past 16 years Orcas youth ages 8-15 have been introduced to the sport of sailing through this popular program. The program focuses on teaching sailing skills in a safe, fun environment. With a variety of boats including Vanguard Prams, Lasers and Flying Juniors, the program can accommodate beginners and experienced sailors anxious to expand their skills. A short swim check is required on Monday of a student's first course each year. Water is cold; bring warm clothes to change into.

Instruction

Local sailing wiz Barrett North is returning as the lead instructor in 2009. Barrett went through the Junior Sailing program and went on to race successfully with Orcas High School. He is certified *USA Sailing* Instructor.

What to Bring – Students are encouraged to bring their own properly sized life jacket; however we can provide them if needed. Life jackets are required to be worn onboard all Sail Orcas boats. Shoes or sturdy sandals are also required. We recommend water bottles, sunscreen, hat, sunglasses, snack, towel, swim suit and a warm layer. Make up classes for cancellations due to weather are on Friday.

Youth Program Fees: The 2009 course fees \$76 per week. No refunds available after June 23rd without approval of Sail Orcas Board. Sail Orcas will consider financial aid requests for up to two sessions.

Registration: Both Adult and Youth Sailing Courses are registered through Orcas Rec. using the included form. Participants can only be enrolled if their registration includes a check or money order for the required fee. Checks should be made out to SAIL ORCAS. Youth registrants can confirm their enrollment by calling Orcas Rec at 376-5339. Adult registrants will be contacted by their course instructor shortly after registration. Need based scholarships are available for both the adult and youth programs. Please contact Orcas Rec at 376-5339

Meeting Place: Both the Youth and Adult programs meet at the Orcas Island Yacht Club Pavilion located in West Sound.

Learn More About Sail Orcas: We are a volunteer-run, non-profit foundation that exists to share the joy of sailing. In addition to providing adult and youth lessons, we offer affordable boat access to members, and we sponsor and lead Orcas' successful youth and teen racing teams that compete at a regional and national level.

ADULT SAILING – This summer Orcas Rec is again teaming with Sail Orcas to offer adult sailing lessons. Instructors are all experienced local sailors volunteering to provide personalized instruction to just 2 students in each 12-hour course.

Either Mid-Week or Weekend courses can be arranged with your instructor to meet your schedule. The small student/teacher ratio allows the *USA Sailing* curriculum to be tailored to your needs in the comfort of our Cal 20 sloops. This is the perfect introduction to sailing for the complete beginner, and can also be a confidence booster and refresher for the sailor who hasn't been on the local waters recently.

Season Long Boat Access

Course Registration includes a full season membership to Sail Orcas. Students that demonstrate appropriate mastery of basic sailing skills at the conclusion of their course will be eligible to use the Sail Orcas boats on their own, and at no additional charge throughout the remainder of the 2009 season.

To get the most from your course students should study their *Start Sailing Right* text (provided upon registration) in advance, and are encouraged to check out the "Start Sailing Right" videotapes and DVD available at the Orcas Rec Office.

Adult Program Fees: The 2009 course fee is \$340.00 per student or \$600 per couple. Annual membership to continue boat access in future years is just \$75 per family.



Check us out at www.sailorcas.org